

Samia Malik's Singing and Songwriting Workshops

آزادی



'Your workshop was very inspiring' Erene McCalla Asian Women's Resource Centre, Brent, London

Since 2016 Samia has delivered workshops to women's groups including Southall Black Sisters in London, Angelou Centre in Newcastle and many others in between.

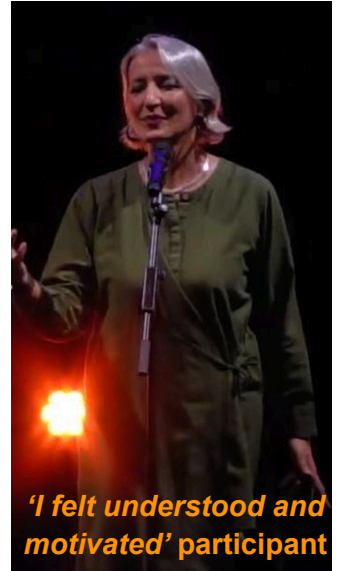
Samia's workshops are **accessible, friendly, fun and empowering** but **nobody has to sing!**

'I was inspired by the story and presentation' participant



'Thank you Samia, you always leave us feeling uplifted' Firoza Mohmed Humraaz Womens Services Blackburn

She starts by **sharing** some of her **songs** in **Urdu and English**, carefully translating if necessary. Samia's songs are based on her own experiences of coming from a **Pakistani, Muslim** background, growing up as



'I felt understood and motivated' participant

an immigrant in the UK, and about her personal journey to **freedom**

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Samia gives participants the **skills** and **tools** to begin writing their **own words**, in their **own languages**, in a **safe** and **supported** atmosphere. We end by perhaps sharing some of the work produced, though **nobody has to** share anything. Often there will be a lively **discussion** about the issues and a **talk** about the future. Remember - **nobody has to sing!**

'This session filled me with hope power and strength' participant



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*'I can honestly say we have never heard such **positive feedback** about a workshop'* Pam Saleem Ashiana Network
London